

Chiangmai Eco Trail 2019

Race day 24 November 2019

Starting point and finish line: 7th Infantry Division, Mae Rim District, Chiang Mai

Location gps: <https://goo.gl/maps/web2ATvaTXn>

Race category and fee

| Race category | EARLY BIRD (19 Apr-31 May 2019) | PROMOTION (1 Jun-31 July 2019) | REGULAR (1 Aug-30 Sep 2019) |
|-----------------|------------------------------------|-----------------------------------|--------------------------------|
| 80Km (4,600 m+) | THB 2,500 (70 EUR) | THB 2,800 (78 EUR) | THB 3,200 (89 EUR) |
| 50Km (2,900 m+) | THB 1,800 (50 EUR) | THB 2,100 (59 EUR) | THB 2,500 (36 EUR) |
| 30Km (1,400 m+) | THB 1,200 (30 EUR) | THB 1,400 (39 EUR) | THB 1,600 (45 EUR) |
| 16Km (450 m+) | THB 800 (23 EUR) | THB 1,000 (28 EUR) | THB 1,200 (30 EUR) |

Start date and time

| Race category | Date & Time | Time limit |
|------------------|---|------------|
| 80 KM (4,600 M+) | From 23:59 on Saturday, 23 rd November to 17:00 on Sunday, 24th November 2019 | 17 hours |
| 50 KM (2,900 M+) | Sunday, 24th November 2019 from 05:00 - 17:00 | 12 hours |
| 30 KM (1,400 M+) | Sunday, 24th November 2019 from 06:30 - 14:30 | 8 hours |
| 16 KM (450 M+) | Sunday, 24th November 2019 from 07:00 - 11:00 | 4 hours |

Race kit collection, mandatory gear, and briefing

| Date | Race kit collection | Briefing |
|-------------------|------------------------------|------------------------|
| November 23, 2019 | All categories 10:00 - 18:00 | 50,80 km 16:00 - 17:00 |
| | | 16,30 km 17:00 - 18:00 |

Bag drop service

- **80 km** - The only available date and time to check-in the bags is on Saturday, 23 November 2019 from 12:00 until 18:00 at the race venue during race kit collection. Bags that are checked-in after 18:00 will not be accepted. After race day, runners will be able to pick up the bags on Sunday, 24 November 2019 from 15:00 – 18:00 at the race venue.
- **16, 30, and 50km** - The date and time to leave or pick up the bags is on Sunday, 24 November 2019 from 4:00 until 18:00.

PLEASE NOTE

1. Participants need to ensure that each luggage is labeled on the outside with their name and bib number before dropping it at the luggage storage point.
2. It is recommended using waterproof bags. Participants need to ensure that each luggage is securely closed.
3. Valuable items, such as cell phone and money, cannot be left at the luggage storage point, as we cannot guarantee security.
4. Bike storage service is not provided.

Mandatory equipment for 50 and 80 km runners

1. Cell phone with a SIM card from Dtac, AIS, or True Move
2. Headlamp (70 lumens minimum) with an extra set of batteries
3. Reflective safety vest
4. Whistle
5. Hydration pack and/or water bottle (1.5 liter minimum)
6. Emergency blanket
7. Usual medicine and pills (if any)
8. First aid kit

Mandatory equipment for 16 and 30 km runners

1. Cell phone with a SIM card from Dtac, AIS, or True Move
2. Hydration pack and/or water bottle (1.5 liter minimum)
3. Usual medicine and pills (if any)

The registration fee includes the following:

- Race Bib number
- Personal Accident Insurance
- Official Race T-Shirt (to receive on the day of bib pickup; no delivery by mail)
- Medal (exclusively for runners who complete the race in time and followed all the rules and regulations)
- Finisher T-shirt for 30, 50, and 80km runners (exclusively for those who complete the race in time and followed all the rules and regulations)
- 16 km (Non-competitive)

Registration

- All registrations must be made online via our website
- It is allowed to transfer an existing registration to someone else or change the name of the participant by September 30, 2019. After the maximum number of participants is reached, marking the end of the registration process, no more modifications can be made. A fee of THB 100 will apply for a name change.
- All registration entries are non-refundable under any circumstances.
- Participants registering with a promotion code or at any special rates are not in any case allowed to change the name in the registration.
- Every participant must check in by themselves.
- 16 km and 30 km runners can have someone else pick up their bib by presenting a photo of their national ID card.
- Participants must compete with their own bib only. If not, official staff can forbid the participant to continue the race and disqualify him/her immediately.

Requirements for registration

- Participants of all race distances must be at least 18 years of age on race day, calculating by race year minus your birth year.
- As this race, organized by Teelakow Co., Ltd., does not require a medical certificate, participants are asked to please understand the risks of accidents that can be caused by the race. By registering for this event, a participant confirms that he/she has read all the terms and voluntarily agrees to participate in the competition.

General rules

- Participants are encouraged to arrive at the starting point 2 hours prior to the start time of the race. Runners must arrive at the start line before the time, according to their registered distance.
- Mandatory equipment must be carried with each participant throughout the entire race.
- The organizing team reserves the right to conduct an on-site check of mandatory equipment at any time during the race.
- Bib numbers must be adhered to runners' chests so that they can be seen clearly throughout the entire race.
- Participants are responsible for bringing their own water bottle or hydration pack as no water cups will be provided at the reception area or on the race route.
- Participants who cannot proceed to the finish line within the time limit will be considered as Did Not Finish (DNF).
- Participants are required to check in with event staff at every checkpoint (time-recording point) throughout the race.
- Littering is prohibited. Any participant caught littering on the trail is subject to immediate disqualification.
- Participants are not allowed to use any types of vehicles. Any participant caught doing so is subject to immediate disqualification. Vehicles can only be used in case of injuries or in the case that the participants decide to quit the race.
- Participants, support crews, and the organizing team must behave appropriately and respectfully towards others at all times. It is strictly prohibited for participants to race naked.

- It is not mandatory for participants to attend the briefing, but to read and accept the rules and conditions on www.UTPThailand.com. The organizing team will accept no complaints, assuming that participants understand and acknowledge all the rules and regulations of the event.

Regulations

- Participants must wear a safety vest at night. If not, event staff can forbid the participant to continue the race immediately. The participant can race again only when wearing one.
- Participants must wear an operating headlamp. If not, event staff can forbid the participant to continue the race immediately. The participant can race again only when wearing one or at the return of daylight.
- Participants must carry a hydration pack and all mandatory equipment with themselves. If not, event staff can forbid the participant to continue the race immediately. The participant can race again only when having a hydration pack.
- Any form of cheating will result in immediate disqualification.
- The event organizer reserves the right to implement additional rules during the competition in case of unexpected or disruptive events, in order to preserve the competition or to allow the competition to continue until the end with the least interruption possible. The event organizer reserves all rights regarding the rules and the interpretation, and to enforce the decision of the event organizer.
- The use of any types of performance-enhancing drugs is prohibited throughout the competition. Any participant caught using one is subject to immediate disqualification.
- The participation in the race implies the acceptance of these rules and regulations.
- Participants are not in any case allowed to have a pacer.
- Participants are allowed to be assisted by their support crew only at official aid stations.
- Participants are not allowed to accept help on the race route.

Competition withdrawal

- If you are unable to finish the course or choose to withdraw from the competition, please notify our event staff at the nearest aid station and provide them with the name of the participant, reason, and time of withdrawal.
- No service will be provided in the event that participants are lost during the race, resulting in late arrival or wrong distance.

Award

| Trophies | | |
|---------------|-------------------|---------------------|
| Race category | Male (5 trophies) | Female (5 trophies) |
| 50, 80 km | Overall | Overall |
| Distance | Male (3 trophies) | Female (3 trophies) |
| 30 km | 25 and under | 25 and under |
| | 26-35 | 26-35 |
| | 36-49 | 36-49 |
| | 50 and over | 50 and over |

Award condition

1. The winning runners can check the race results from the official timing system. The race results are also required for receiving the prize.
2. Award winners are requested to be present at the time of the award ceremony to receive their trophy by showing national ID card/driver's licence, or passport.
3. Awards will be handed out to all winners after the race.
4. Winners must be in attendance at the awards ceremony to receive their medals and prizes. Awards will not be mailed
5. Once the race has finished, protest of the race results shall be made no later than within 30 minutes. Thereafter, all decisions by organizer shall be final.
- 6.

Award ceremony

Sunday, 24 November 2019

11:00 16 km

12:00 30 km

1:00 50 km

2:00 80 km

Remark

*The event organizer reserves the right not to award prizes to the runners whose name do not match the registration form.

**The event organizer reserves the right not to award prizes to the runners who do not play by the rules of the competition.